

## Location:

8594 Excelsior Blvd.  
Minneapolis, MN 55343  
952-933-2633

www.italiangourmetmpls.com  
Itgourmet@italiangourmetmpls.com

The following menu is available for:  
Business and Special Event occasions.

Free Delivery in metro area.

24 hour order advance.

Disposable plates and utensils included

Customized menus for Special Events  
such as Weddings, Graduations and  
Dinner parties.

Ask us about:

*Scheduling a home Cooking Class*

### About Chef Antonio Cecconi

Since 1992, Antonio has operated a very successful corporate and special event catering business in the greater Minneapolis / St. Paul area. Begin today to share Antonio's love of Italian food where our events specialists will work with you to ensure that every detail is perfect.



*Check for Monthly Cooking Class Specials*

*and Monthly Catering Promotions on:*



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# The Italian Gourmet

## Truly Italian Catering!



### Antipasti

### Appetizers

- Misto- Assorted deli tray with meats vegetables and cheeses. Serves 12 \$25.00
- Caprese- Basil, tomato, fresh mozzarella drizzled with balsamic vinegar & Olive Oil. Serves 10 \$25.00
- Garlic Bread Loaf - Toasted and seasoned garlic bread Serves 4 \$7.50
- Bruschetta - Toasted bread with tomatoes, herbs and cheese. \$5 Per Dozen \$5.00
- Homemade Italian Rolls - Baked rolls seasoned with original spices .85 each

### Insalate

### Salads

- Garden Salad- Assorted greens, Roma tomatoes with light Italian dressing \$6.00
- Caesar Salad - Romaine lettuce, parmesan Black olives, red onion garnish with croutons \$7.95
- Marinated Pasta Salad - Rotini or Tortellini pasta with crisp vegetables and herbs \$7.75
- Spinach Mediterranean Salad - Spinach, Romaine, artichokes, cherry tomato, capers, feta, kalamata olives with a lemon vinaigrette \$8.50
- Tuscan Salad - Romaine, arugala, basil with balsamic dressing and fresh cheese shavings \$8.50
- Fruit Salad - Assorted seasonal fruit \$8.50
- The Sampler - Your choice of 3 salad selections \$9.75

Extras : Shrimp or Pesto Chicken

\$2.00 per serving

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<b>Pasta Fresca</b>	Fresh prepared Pasta	
• Bowties Sugo - tricolor pasta with a homemade meatless tomato sauce topped with basil		\$7.75
• Rotini Primavera - with fresh vegetable medley in a cream sauce		\$8.50
• Rigatoni Bolognese - short cut pasta with meat sauce		\$8.75
• Tortellini Al Funghi - cheese filled pasta with a mushroom cream sauce		\$8.50
• Ravioli in Salsa Rosa- cheese filled pasta with tangy cream and tomato sauce		\$8.75
• Penne Con Scampi - Short cut pasta with large shrimp sautéed in herbs and garlic		\$9.25
• Tortellini Al Prosciutto - cheese filled pasta with artichokes & prosciutto ham in a light cream sauce		\$9.25
• Lasagna Al Forno - with plum tomatoes, mozzarella cheese & roasted vegetables		\$8.75
• Penne All' Arrabiata - Sautéed onions and peppers with spicy sausage		\$9.00
• Lasagna Bolognese - with plum tomatoes, mozzarella cheese & meat		\$9.25
• Spaghetti & Meatballs - traditional old world style lean beef and sugo		\$8.75

\*Garden Salad included with all orders of 10

Extras: Spicy Sausage , Garlic Shrimp or Pesto Chicken for an additional \$2.00 per person

*Note:* Sugo, Rosa or Alfredo sauces can be selected for any of our Pastas

<b>Specialties</b>	Lunch Specials	<b>Serves 10</b>
<p>• <b>Corporate Lunch Special :</b> \$7.50 per person                      Our corporate lunch special includes Bowties pasta with a marinara, rosa or mushroom alfredo sauce, along with a garden salad, fresh Italian bread and either Fragoles or Profiteroles topped with a rich chocolate sauce.                      Extras: Substitute a Caesar or Spinach Mediterranean salad for an additional \$2.00</p>		
<p>• <b>Executive Lunch Special :</b> \$12.50 per person                      A great option with all the benefits of the corporate lunch special plus one of the Specialita'.</p>		
<p>• <b>Bag Lunches</b> \$7.50 per person                      Includes sandwich, chips &amp; treat. Choose : Ham, Roast Beef, Turkey or Roasted Vegetables                      Extras: Add mini Garden Salad or Pasta Salad for an additional \$1.00</p>		
<p>*Assorted beverages Add \$1.00</p>		

<b>Specialita'</b>	Signature Items	
• Chicken Almond - Almond crusted chicken breast with butter and herb sauce		\$9.50
• Chicken Tarragon - Seasoned chicken breast with fresh tarragon with lemon sauce		\$9.50
• Piccata Di Pollo - garlic, fresh herbs, lemon capers and wine		\$9.50
• Chicken Parmigiana - Breaded chicken breast, baked & topped with a sugo sauce and provolone cheese		\$9.50
• Salmone - baked salmon with wine, herbs and lemon. Also available with tarragon mustard sauce		\$12.00
• Polenta - traditional polenta cornmeal topped with sautéed spinach, garlic & pine nuts		\$9.00

<b>Dolci</b>	Desserts	<b>Serves 10</b>
• Fragole - fresh strawberries hand dipped in chocolate		\$11.75 (\$1.25)
• Profiteroles - cream filled pastry puffs topped with rich chocolate		\$9.00 (\$0.95)
• Tiramisu - traditional mocha trifle cake		\$52.25 (\$5.50)
• Biscotti - homemade crunchy cookies topped with dark chocolate		\$11.75 (\$1.25)